



Girls on the Run inspires girls to be joyful, healthy and confident using fun, experience-based curriculum which creatively integrates running with the purpose to educate and prepare girls for a lifetime of healthy living and self-respect.

Girls on the Run is a 10-week program geared to ALL girls in 4th and 5th grade. Fall Season will begin Monday, September 14th. We will meet after School at Hartley on Monday and Thursday from 2:50-4:05. At the culmination of the season, the girls will participate in the Girls on the Run of Northeast Florida 5k. This Celebration 5k will be Saturday, November 21st.

Registration for the fall 2026 Season will open on August 17th ! To register, visit www.GOTRNEFL.org. Teams are formed on a First Come First served basis. We will only have 1 team this year and registration fills up **FAST**. Registration fees start at \$50 and are based on household income. I will open any remaining spots up to 4th graders beginning August 24th .

For information about Girls on the Run at Hartley Elementary contact Shaheinda Moffat at shaheinda.moffat@stjohns.k12.fl.us.

We look forward to another AMAZING season filled with connection, laughs and finding our happy pace!

Kindest Regards,

Your GOTR Coaches